



Successful Dating

How To Attract The Right Partner

REPRESENTATIONAL SYSTEMS PREFERENCE TEST

Place a number next to each sentence for the following statements as per below.

- 1 - Least like me
- 2 - A little like me
- 3 - Very much like me
- 4 - Totally me

A - I find it easiest to:

- ___ Find the perfect balance and tone settings on a stereo
- ___ Identify the most relevant points in an argument
- ___ Select the most comfortable seating
- ___ Choose colours that go well with each other

B - I base my important decisions on:

- ___ Gut instinct
- ___ Whether it sounds right
- ___ What looks like the best way
- ___ Reviewing the issues and formulating a plan that makes sense

C - Normally:

- ___ I am very aware of noises and sounds
- ___ I am very skilled at integrating new information
- ___ I am very sensitive to how well clothes fit when I try them on
- ___ It matters to me how a room looks and the colours go together

D - I most easily express the way I am by:

- ___ How I dress and present myself
- ___ Sharing my feelings
- ___ The words I say
- ___ How the tone of my voice sounds

E - In a discussion, I am most often influenced by:

- ___ Whether the other person's tone of voice resonates with me
- ___ If I can see what they are saying
- ___ Whether their argument is logical
- ___ How I feel about them as a person



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REPRESENTATIONAL SYSTEMS PREFERENCE SCORE

1 - Copy your answers from the test below:

A ___ A **B** ___ K **C** ___ A **D** ___ V **E** ___ A
 ___ Ad ___ A ___ Ad ___ K ___ V
 ___ K ___ V ___ K ___ Ad ___ Ad
 ___ V ___ Ad ___ Ad ___ A ___ K

2 - Add the numbers associated with each letter.

	V	K	A	Ad
A				
B				
C				
D				
E				
TOTAL				

INTERPRETING THE RESULTS

V - Visual

K - Kinaesthetic

A - Auditory

Ad - Auditory Digital (Self talk/ Corporate language/ Jargon)

We will go through these results more specifically in other modules but they should give you an insight. Please note these results may vary if you were to take the test again in different circumstances.