

15 February 2021

*The weekly challenge and actions have been designed to push you out of your comfort zone and make you look at different perspectives. What we focus on becomes a representation of our experiences so if we do things differently, improvements in all aspects of our life will start to happen. Please ask if you have any questions but more importantly, enjoy!*

## What have you got to offer?

*Whether we are looking for a relationship or in a relationship, we often think about what we want or are getting from it. We very rarely look at ourselves and think about what we actually have to offer to the other party... Yet we are also probably very quick to point the finger when they don't appear to be fulfilling our needs. This week's challenge will concentrate on making you think about what you can contribute to a relationship as well as push you to think outside the box to make yourself more attractive to your partner/ potential partner by what you can give them as opposed to what you can get from them.*



*Monday - Think of one thing that makes you different from anybody else. How is that a wonderful thing to contribute to a relationship? How can it make someone happy? How can you improve it & make it even better?*

*Tuesday - Think of one thing that makes you different from anybody else. How is that a wonderful thing to contribute to a relationship? How can it make someone happy? How can you improve it & make it even better?*

*Wednesday - Think of one thing that makes you different from anybody else. How is that a wonderful thing to contribute to a relationship? How can it make someone happy? How can you improve it & make it even better?*

*Thursday - Think of one thing that makes you different from anybody else. How is that a wonderful thing to contribute to a relationship? How can it make someone happy? How can you improve it & make it even better?*

*Friday - Think of one thing that makes you different from anybody else. How is that a wonderful thing to contribute to a relationship? How can it make someone happy? How can you improve it & make it even better?*

*Saturday - Think of one thing that makes you different from anybody else. How is that a wonderful thing to contribute to a relationship? How can it make someone happy? How can you improve it & make it even better?*

*Sunday - Think of one thing that makes you different from anybody else. How is that a wonderful thing to contribute to a relationship? How can it make someone happy? How can you improve it & make it even better?*